



Whole School Subject Overview **Physical Education**

We want our children at Highfields Primary School to leave having competed in sports and other activities that build character and help to embed values such as fairness and respect. We want them to be physically confident in a way which supports their health and fitness for life.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS: F1	Gross Motor: Big Moves (Core Strength)	Ball skills: Kicking	Ball skills: Throwing and Catching	Throwing and Catching: Target Games.	Dance: Big Moves	Games: Parachute + Team Building
EYFS: F2	Dance	Gymnastics	Team Games	Gymnastics	Dance	Games
Year 1	Dance	Gymnastics	Throwing & catching	Games (Target games)	Athletics (Sports Day)	
Year 2	Games (Dodgeball)	Gymnastics	Dance	Games (Football)	Athletics (Sports Day)	
Year 3	Games (Bench ball)	Gymnastics	Dance	Games (Cricket)	Athletics (Sports Day)	
Year 4	Athletics (Ancient Greece)	Dance	Gymnastics	Team Games (Cricket)	Invasion Games (Netball/Basketball + Hockey)	
Year 5	Games (Cricket + Rounders)	Athletics	Gymnastics	Dance	Athletics (Sports Day)	Games (Cricket + Rounders)
	Swimming Group 1			Swimming Group 2		
Year 6	Outdoor Adv.	Gymnastics	Dance	Games (Netball/basketball)	Athletics (Sports Day)	Games (Hockey)